

## CLOTHING AND EQUIPMENT LIST

The list is provided below as the minimum clothing and equipment needed for this program. Adding to this list is left to the discretion of the parent or guardian.

Quantity	Articles	Explanation
1	Back pack or Book Bag (use this as carry-on luggage)	Pack personal hygiene kit and wash towel, medication, one change of underwear and socks, snacks, and items of value.
1	Green Military Style Duffle Bag	Pack all items, not pack in back pack, in the duffle bag
As needed	Prescription Medications	Collected and dispensed by the nursing staff
As needed	Vitamins and/or herbal products	Collected and dispensed by the nursing staff
1	Combination padlock	
1	Toothbrush Brush and Toothpaste	
1	Bath soap	Travel size.
1	Shampoo	Travel size.
1	Deodorant	
	Hygienic necessities	Appropriate for gender, age, and maturity.
2	Towels & wash cloths	
1	Hair brush and/or comb	
13 sets	Underwear	Appropriate for gender, age, and maturity.
	Sleepwear	
	Casual clothes	Enough for 13 days
1	Sunscreen	SPF 30 minimum
1	Swimsuit (one-piece conservative)	A swimsuit is required
1	Beach towel	
1	Climate appropriate outerwear	Jacket and/or poncho
13 pr.	Socks	
1pr.	Athletic Shoes	
1pr.	Aqua shoes or old sneakers	
1box	Zip lock bags	Large enough for soiled clothing
1 pr.	Long pants	Rugged enough for outdoors wear.
1	MCI Calling Card	Phones only accept MCI calling cards. Call 1-888-437-2232 for outlet locations.
	Travel Checks (\$10 and \$20 denominations)	Spending money (no more than \$100). Provide \$1 denominations for vending machines.

**Notes:**

- 1) Please do not bring cellular phones, pagers, portable music player, hand-held computer games, skateboards, roller blades, or other expensive items.
- 2) THE YOUNG MARINES OR ITS ADULT STAFF ARE NOT RESPONSIBLE FOR ANY STOLEN, LOST, OR MISSING MONEY OR PERSONAL ITEMS.